



Investigator's Portfolio

Clinical Research Expertise dedicated to Patient-Centric
Care, High-Quality Data, & Improved Patient Outcomes

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Heidi C. Shea

M.D.

Endocrinology, Diabetes
& Metabolism

Years of Experience
25+ years

Dr. Shea's Background & Experience

Heidi C. Shea, M.D., is a board-certified Adult and Pediatric Endocrinologist specializing in endocrine, diabetes, thyroid, and other hormonal disorders. She brings over 25 years of clinical and research experience to her practice. Dr. Shea earned her Doctor of Medicine degree from the University of Utah School of Medicine in 1995 and completed her Internal Medicine residency at the University of Wisconsin in 1998. She later served as Chief Resident in Internal Medicine at Gundersen Lutheran Medical Center from 1998 to 1999.

Throughout her career, Dr. Shea has demonstrated a strong commitment to patient care, medical education, and research excellence. Her diverse background includes clinical practice in both academic and community settings, with roles at prestigious institutions such as Oregon Health & Science University (OHSU), the University of Wisconsin, and Gundersen Lutheran Medical Center.

Clinical and Academic Contributions

Dr. Shea has a long-standing dedication to clinical research, particularly in the fields of endocrinology, diabetes, and internal medicine. Since 2010, she has actively served as a Principal Investigator and Sub-Investigator in numerous clinical trials, collaborating with major pharmaceutical companies and clinical research organizations.

Her clinical trial experience spans a broad range of therapeutic areas, including type 2 diabetes, osteoporosis, non-alcoholic steatohepatitis (NASH), obesity, hyperlipidemia, cardiovascular risk, and postmenopausal women's health. She has worked extensively with investigational treatments such as GLP-1 receptor agonists, SGLT2 inhibitors, lipid-lowering agents, and hormone therapies. Dr. Shea's hands-on involvement in clinical research includes protocol review, patient recruitment, study execution, safety monitoring, and data interpretation.

Through her work in research, Dr. Shea has contributed significantly to advancing evidence-based care and bringing novel therapies closer to approval and clinical application.

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Education & Experience

Board-certified in Internal Medicine and Endocrinology, Dr. Shea trained at Loyola University and UT Southwestern. She brings more than two decades of experience in patient care, research, and medical education.

Education

Postdoctoral Training

Department of Molecular Genetics, University of Texas, Southwestern Medical Center
2004 – 2005

Fellowship in Endocrinology, Internal Medicine, and Pediatrics

University of Texas, Southwestern Medical Center
2000 – 2004

Residency in Departments of Internal Medicine and Pediatrics

Indiana University
1996 – 2000

Chief Resident, Departments of Internal Medicine and Pediatrics

Indiana University
1999 – 2000

Medical School

Stritch School of Medicine, Loyola University Chicago
1996

Undergraduate School

University of California
Biological Sciences
1990

Board Certifications

Diabetes, Metabolism & Endocrinology

American Board of Internal Medicine

Pediatric Endocrinology & Pediatrics

American Board of Internal Medicine

Field of Experience

Endocrinology, Diabetes & Metabolism, Pediatrics