



# Investigator's Portfolio

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Clinical Research Expertise dedicated to Patient-Centric  
Care, High-Quality Data, & Improved Patient Outcomes

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# Sumbul Islam

## M.D.

Internal Medicine

**Years of Experience**  
20+ years

### Dr. Islam's Medical Background and Expertise

Dr. Sumbul Islam, M.D., is a board-certified internist who has been practicing in the Dallas, Texas area since 2017. She earned her M.D. from Rawalpindi Medical College in Pakistan in 1995 and completed her residency in Internal Medicine at Spectrum Health–Michigan State University and the University of Kansas Medical Center. With years of experience as both a hospitalist and internist, Dr. Islam has worked at WNJ Hospital in Sherman, Texas, and has also served as a medical director in rehabilitation centers and hospice care units. Currently, she is the CEO of Imperial Care Internal Medicine and the Associate Director of the Visiting Nurse Association Hospice.

### Dedication to Patient Care and Research

Dr. Islam is known for her compassionate approach to patient care and her deep commitment to improving the health outcomes of those under her care. She is actively involved in research, particularly in Phase III studies, with a focus on innovative treatments for conditions where traditional medications fall short. Over the years, she has presented on topics such as bronchitis, peripartum cardiomyopathy, ischemic cardiovascular disease management, and necrotizing esophagitis — showcasing her extensive expertise in the medical field.

### Role at Revival Research Institute

Since joining Revival Research Institute, LLC, Dr. Islam has been an integral part of the team, leveraging her expertise to identify advanced treatment options for patients in Sherman and surrounding areas. Her dedication to improving patient health and advocating for alternative therapies when standard care is insufficient makes her a valuable asset. Alongside her research work, Dr. Islam's compassionate nature ensures that patients receive the highest level of care—aligned with Revival's mission to deliver clean data and exceptional patient care in clinical trials.

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### Education & Experience

Dr. Sumbul Islam, M.D., is a board-certified internist with a robust medical background. She earned her medical degree from Rawalpindi Medical College in Pakistan in 1995, followed by a residency in Internal Medicine at Spectrum Health–Michigan State University, completing her third year at the University of Kansas Medical Center. Since relocating to Dallas, Texas, in 2017, Dr. Islam has practiced as an independent provider in the North Dallas area. Her previous roles include serving as a hospitalist and internist at WNJ Hospital in Sherman, Texas, and as a medical director in rehabilitation centers and hospice care facilities throughout Texas.

### Education

**Rawalpindi Medical College, Pakistan**

M.D. in Medicine, 1995

**Spectrum Health–Michigan State University, Grand  
Rapids, MI**

Residency in Internal Medicine

**Kansas University Medical Center, Kansas City, KS**

Third Year Residency in Internal Medicine

### Board Certifications

**American Board of Internal Medicine**

### Field of Experience

Internal Medicine